

## Emeritus Staff Access to General Internal Medicine Appointments at Mayo Clinic Rochester

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General Internal Medicine is not designed to provide primary care but rather continuity medicine with periodic assessments e.g. every 12 to 18 months. Therefore you should partner with a primary care physician locally in your area for the day-to-day or urgent needs as well as medication refills in most circumstances.

### Process and expectations:

1. **To assist you making an appointment in General Internal Medicine for you or your spouse or more information, call the General Internal Medicine appointment office at: 507-284-4805, 8 a.m. to 5 p.m. Central time, Monday through Friday.** Advise the representative that you are a former Mayo Staff member i.e. a retired Mayo physician, scientist or administrator.
2. Every effort will be made for you to see your designated provider if requested, but if your symptoms and/or availability don't allow this, you will be offered an opportunity to see another physician or team member. You may always indicate your preference for a physician if that seems more appropriate.
3. In the past an annual physical examination was performed to ensure all medical care that was due would be delivered. By leveraging technology, our colleagues can now proactively advise you when you are due for specific screening tests, immunization and chronic disease testing to insure that all preventive and chronic disease care was delivered.
4. Physical exams do serve a purpose but the frequency should be discussed with your physician. If you are healthy, the interval between physical exams can be extended to 2-3 years. If you request an annual physical examination and are having no new symptoms, this may result in a longer wait time to be seen.
5. Currently evidence-based protocols and exams are applied which may mean that some components of the examination you have had in the past are no longer found helpful or cost effective for patient care. If you have questions about the details of your exam or the level of service, bring this up with your provider