



# Emeriti Staff Quarterly Newsletter

Volume 23, No. 4, Fall 2017

## From the Chair's Desk

The time of the October Quarterly Luncheon and Business Meeting gives me the opportunity to highlight a couple of events of a busy year.

Both were adopted by the Executive Committee on July 19, 2017. After much discussion, the Committee adopted our **Statement of Purpose, Vision, and Mission**. The spirit of the document is not new, but it is now clearly formulated and adopted. Here it is:

- **Purpose:** Mayo Clinic Rochester Emeriti Staff facilitate their own continuous growth and wellness through self-organized opportunities for professional, scholarly, charitable, educational and social service.
- **Vision:** Mayo Clinic Rochester Emeriti Staff strive towards being the example of continued relevance and service.
- **Motto:** Vigere ministrando (Thrive by serving)
- **Mission:** We strive to be a force for good, locally and globally.
- **Tasks, Goals and Purposes:** Mayo Clinic Rochester Emeriti Staff strive to be the globally respected and successful organization in setting standards for putting the thousands of years of collective professional and human experience by emeriti staff in the service of others. Mayo Clinic Rochester Emeriti Staff are committed to continue in the Mayo Clinic standards of service, excellence, and growth in the mutual support of members, member-oriented social and other activities as well as organized efforts to provide excellence in education worldwide when invited.

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In drafting this document, we have been inspired by so many emeriti staff putting their time, effort, means, and expertise to the service of others locally, nationally, and globally. We hope the document will help us focus on being a force for good even more.

The July 17 meeting of the Executive Committee produced another important document--Policy of Conduct of Mayo Clinic Rochester Emeriti Staff. The document will be published in a later issue.

On October 10, Dr. Claire Bender becomes the chair of the Executive Committee for the coming year. Thus, our enterprise will be in great hands!

As I pass the gavel to Dr. Bender, I am profoundly thankful for the honor and privilege to have served you as chair for the past year. I look forward to seeing you even more engaged with all of our activities in the future.

Let's thrive by serving!

Sincerely,

*Vuk*  
 Stanimir Vuk-Pavlović, PhD

### The Editor Says...

#### Samuel F. Haines, M.D., Witness to a Mayo Century

Samuel F. Haines was a Mayo Clinic pioneer, born late in the 19<sup>th</sup> century, on November 30, 1892, in Mantorville, MN and died late in the 20<sup>th</sup> century on October 7, 1993. When Sam was young the family moved to Rochester. The Haines were friends of the Mayo family and Dr. W.W. Mayo, the brothers' father, was Sam's god-father.



Figure 1. Broadway Avenue, 1905. The old fire house is at the end of the block.

His earliest memory of Rochester was of a small town, with wooden planks for side-walks and streets that were muddy or dusty depending on the weather (**Figure 1**). Along both sides of Broadway were hitching rails for horses. The hitching rails also served as a favorite perch for some town loafers who sat on them and spit tobacco juice into the street (according to Sam). Winter transportation was by sleigh or by pung. A pung is a one-horse sled with a box shaped body. The streets were not

plowed in the winter, but some effort was made to clean the sidewalks. Sam once commented that snow was often deep in those years and occasionally came up to his waist. But, he wryly noted, in those days he was a lot shorter!

The Haines home in Rochester was just north of the county court house. The family had a big frame house (without electricity) and a barn. From an early age, Sam and an older brother had to do daily chores around the house. The house was heated by a coal burning furnace and every fall about ten tons of coal - enough to heat the house for the year - were run down a chute into the cellar. Sam and his older brother also had to carry out the ashes to the alley to be hauled away.

Sam and his brother had the additional duty of sawing and splitting wood each fall to keep the wood-burning stove in the kitchen ready for the day's needs. The barn contained a surrey and a buggy which the two boys had to keep clean. There was also a horse in the barn and at least one cow. Sam and his brother's chores included keeping the barn clean, currying the horse frequently, and milking the cow twice a day for the family milk supply. In the summer, Sam and his brother drove the cow through the streets of Rochester down to Van Dusen's pasture which later became Soldiers' Field. Sometimes they would ride the horse while driving the cow to the pasture. The pasture was swampy and the boys could spear enough frogs for a mess of frogs' legs later in the day. On Sundays, the brothers sang in the choir at the Episcopal Church which apparently looks about the same now as it did then.

Their school stood where the Mayo Building now stands. Sam recalled that the janitor, a Mr. William Hein, sometimes let them ring the school bell when they got to school early, and when they were late Mr. Hein would keep ringing the last bell until they could get to their seats. Sam enjoyed his school's social activities as well as regular studies. He recalled spelling bees (always won by the same girl,) debates on any subject, and music lessons on the mandolin. The lessons ended when in a spell of anger Sam threw the mandolin at his brother, breaking it.

Dr. Charlie Mayo was Sam's doctor. After one visit for an injury, Dr. Charlie showed him the new fluoroscope and put Sam's hand over it revealing his hand bones. At least initially, Dr. Charlie and Dr. Henry Plummer performed the fluoroscopy themselves in their office in the old Massey Building on the corner of Second Street and First Avenue S.W. It was from these early experiences that Sam decided he wanted to be a doctor.



Figure 2. First phase of construction of the Mayo Building, September 1952

In the first decades of the 20<sup>th</sup> century, transportation of any distance, such as going to the Twin Cities, was best done by train, and that took a full half day. The first model-T came off the line in 1908, but not many reached Minnesota initially given the roads were rather primitive and the early cars undependable, especially the tires. Sam recalls that Dr. Charlie was one of the first to get an automobile in Rochester and driving was one of his favorite pastimes. Sam's first ride in an auto was in Dr. Charlie's family car.

Sam went east for college. He received a B.S. degree in 1915 and M.D. in 1919 from Harvard University. He interned at Massachusetts General Hospital where he became friends with Dr. Paul Dudley White, later a famous cardiologist. He returned to Mayo Clinic in 1921 for training in medicine and later was appointed first assistant in Dr. Plummer's section covering medicine

and thyroid disease. He became a consultant in 1924 and worked with Dr. Plummer for a number of years. Dr. Haines was appointed head of the thyroid section in 1932. Over the next 20 years he became a Mayo Clinic leader in the diagnosis and treatment of thyroid diseases.

He was a member of the Board of Governors from 1945 to 1956, and was chairman of the Board for three years. After World War II there was a rapid expansion of the Clinic with enlargement of the Medical Sciences Building and construction and opening of the Mayo Building (**Figure 2**).



Figure 3. Samuel F. Haines, M.D. at retirement in 1957

Dr. Haines retired at the end of 1957 (**Figure 3**). In retirement, he developed several non-medical interests, including making lists of the large variety of wild birds in this area. He also gave several presentations of early days at Mayo Clinic from which much of this article is drawn. He said Dr. W.W. Mayo was a “short, rather crusty man.” Dr. Will Mayo was friendly, and tremendously interested in the development of the Clinic and in Rochester. Dr. Will “had the keenest ability to evaluate people of anyone” Sam ever knew. Dr. Charlie, besides being a great surgeon and diagnostician similar to Dr. Will, had a great sense of humor. Dr. Plummer knew more about the thyroid than anyone in the world, and was a genius architecturally and organizationally.

Dr. Haines’ experienced the growth of Rochester from a small rural town to a modern city. He saw Mayo Clinic grow from a small, surgically-oriented partnership, into a multispecialty clinic, and then into a large international medical center. It was during this last period of time that some of us had the opportunity to become acquainted with him. Dr. Haines’ life, spanning a century, uniquely allowed him to witness the multiple generations involved in the development of the Mayo Clinic.

### New Emeriti Staff

**Arizona:** *Richard T. Schlinkert, M.D.*, Surgery  
*Judith L. Whitman, R.N.*, Nursing  
*Eric A. Huettl, M.D.*, Radiology

**Rochester:** *John W. Bachman, M.D.*, Family Medicine  
*Joanne L. Martin, J.D.*, Legal  
*Michael A. McKusick, M.D.*, Radiology  
*Charlotte Podein*, Human Resources Services  
*Neil T. Shepard, Ph.D.*, Audiology

**Florida:** *Cesar A. Keller, M.D.*, Pulmonary & Critical Care Medicine  
*Richard C. Agnew, M.D.*, Surgery  
*Walter C. Taylor, M.D.*, Family Medicine  
*Paul A. Fredrickson, M.D.*, Sleep Medicine  
*Richard L. Morin, Ph.D.*, Radiology

## Deaths

**Your help is needed.** If you have knowledge of the death of an emeriti colleague or their spouse, please contact us at [mcremeritus@mayo.edu](mailto:mcremeritus@mayo.edu) or by calling 507-293-3211, so that we may share the information.

**Mr. Robert Gluek** died June 13, 2017, in Mantorville, MN at age 85. He was born in Minneapolis and received the B.A. degree (1954) from Dartmouth College and M.B.A. degree (1957) from Amos Tuck School of Business. He served in the U.S. Navy (1954-1956). Subsequently he held sales or managerial positions with a number of companies and joined the Mayo Clinic Business Office in 1963. Later he was assigned to Systems and Procedures (1964-1967). Mr. Gluek accepted a position in Administrative Services in 1968 and was appointed to the staff (1968). Bob served as an administrator for numerous medical and support areas, research laboratories, and the cancer center. He assisted in the establishment of the Distinguished Lecturer Series at Mayo Clinic. Bob retired from Mayo Clinic in January 1994. He was active in a number of community activities and was an avid horseman.

**George M. Farrow, M.D.** died on July 16, 2017, in Rochester at the age of 85. Born in Shreveport, La, George received his undergraduate degree from Centenary College of Louisiana and M.D. degree from Louisiana State University (1957). After completing his internship and residency at the Confederate Memorial Medical Center in Shreveport (1957-1959), Dr. Farrow served in the U.S. Air Force (1959-1961). He was in private practice between 1961 and 1963 and in 1963 entered the Mayo School of Graduate Education as a fellow in anatomic and clinical pathology. Dr. Farrow received an M.S. degree from the University of Minnesota (1966). He was appointed to the staff in anatomic and clinical pathology in 1966 and served as chair of the Department of Pathology (1982-1987). Dr. Farrow advanced to the academic rank of professor of pathology in the Mayo Clinic College of Medicine (1981). He was named a Mayo Foundation Distinguished Clinician (1990). Dr. Farrow retired in 1997.

**Keith A. Kelly, M.D.** died on July 25, 2017, at age 86 in Seattle with family. Keith was born in Chicago and received the degrees of BS (1952) from the University of Illinois and M.D. (1956) from the University of Chicago. He interned at King County Hospital in Seattle (1956-1957) and was a surgical resident at the University of Washington (1957-1958, 1961-1965). He served in the US Air Force (1958-1960). After a research fellowship at the University of Amsterdam, he was appointed a research associate at Mayo Clinic. Dr. Kelly was appointed a consultant in the Department of Surgery in 1968. He advanced to the academic rank of professor in the Mayo Clinic College of Medicine in 1979. During his career at Mayo Clinic he served as chair of the Department of Surgery in Rochester (1986-1993) and at Mayo Clinic Arizona (1993-1999). He was the recipient of the Distinguished Alumnus Award from the University of Washington School of Medicine (2000) and also the Distinguished Alumnus Award from Mayo Clinic (2011). Dr. Kelly retired from Mayo Clinic in Arizona in December 2000.

**Edgar C. Goldston, M.D.** died on August 24, 2017, in Lake City, MN at age 90. Ed was born in Fayetteville, N.C. He received the degrees of B.S. (1950) from the University of Richmond and M.D. (1954) from the Medical College of Virginia. He was an intern at the Medical College of

Virginia Hospitals in Richmond (1954-1955). He served in the U.S. Army (1955-1958) and subsequently a resident in medicine at DePaul Hospital in Norfolk, Virginia (1958-1959). Dr. Goldston entered the Mayo Clinic School of Graduate Medical Education in 1960 as a medical research fellow in internal medicine and was appointed to the Mayo Clinic staff in preventive medicine in 1964. He advanced to the academic rank of assistant professor in the Mayo Clinic College of Medicine in 1978. Ed helped to develop and was one of the early members of the Mayo Clinic Division of Preventive, Occupational & Aerospace Medicine. Dr. Goldston retired in 1996.

### Deaths of Spouses noted

Mrs. Diane (Robert) Hattery	March 2, 2017
Mrs. Phyllis (Tom) Kokesh	May 1, 2017
Mrs. Beverly (Roger) Nelson	July 20, 2017
Mrs. Donna (John) Ivins	August 9, 2017

### Deaths of Active Staff noted

Carl W. Chan, M.D., died in Rochester on August 22, 2017

### Emeriti Staff Rochester Quarterly Luncheons for 2017

- **Tuesday, October 10, 2017**, at the Foundation House: Dr. John Noseworthy, President and Chief Executive Officer, Mayo Clinic and Mr. Jeffrey Bolton, Chief administrative Officer, Mayo Clinic.
- **Tuesday, January 23, 2018**, at Phillips Hall, Siebens Building.

### Holiday Receptions – Rochester

**Saturday, December 2**, 2:00 – 4:00 p.m., Gonda Landow Atrium

**Wednesday, December 6**, 2:00 – 4:00 p.m., Foundation House

### Upcoming Silver Force Circle Events Rochester

**Tech Talks** - November 16, 2017, 7:00 p.m. – *Password Management* (Return Engagement)

Our speakers from the July Tech Talk on cloud digital storage, considered by some as the 'best' Tech Talk, will be back for a return engagement on the topic of Password Management.

**2018 Planning** for 2018 is underway and will be published in the next newsletter as well as posted on the website and Facebook. Mark your calendar for these first quarter dates:

**January 16** - Tech Talk, **January 25** - Social Part II, **February 6** - Small Talk, and

**March 6** - Tech Talk.

Topics will be listed on the invitations. If you have ideas on future Silver Force events, please forward them to Joanne Rosener.

### Recent Silver Force Circle Events Rochester

**Small Talk** - A Flash Back in Time and View Forward

On August 8<sup>th</sup>, Emeriti Staff and their spouses were treated to a Small Talk about the history of the Rochester State Hospital, property on which Quarry Hill Nature Center is now located. Pam Meyer, Executive Director, shared plans underway to expand the nature center. And a follow up

event with a naturalist-led tour on August 14 included more history on the State Hospital, including a look inside the caves, the cemetery, and the quarry.

**Social** - On September 28, the popular Social event was held at the Rochester Golf & Country Club and featured Part I of two parts on the topic 'From Vocation to Avocation.' On January 25, 2018, Part II will be held. Be sure to attend this event and hear from three more colleagues on the topics of learning, teaching, and well-being. Invitations will be mailed in late December.

### Computer Lab Drop-In Support Reminder

A member of the Messaging Team and a Help Desk Senior Support Analyst will be available on Plummer N-10 for drop-in support on the 3rd Tuesday monthly from 10 a.m. – noon and following each Quarterly Luncheon from 1:00 – 3:00 p.m.

### Announcements

#### Internet Use Restrictions still in effect.

For security reasons, the following internet restrictions are in place to protect Mayo Clinic and its information. Security enhancements are being developed.

During this time:

- For any Mayo device connected to the Mayo network, limit your internet use to business required purposes until further notice.
- You should never check personal email (e.g., Gmail, Yahoo, Charter, etc.) from any Mayo Clinic laptop, workstation or clinical system.
- You should not check personal Facebook or Twitter accounts from any Mayo Clinic laptop, workstation or clinical system.
  - Staff who use their personal and Mayo Clinic Twitter and Facebook accounts for their work can continue to do so.
- You should never use a medical device or clinical system to connect to the internet unless clinically necessary.
- Limit other internet access to only what's necessary for work.

### Arizona

#### Volunteer Activities:

The MCA Emeriti Association is participating in the medical student mentoring program at the new Arizona Campus. Volunteer mentors are assigned to the student learner communities and meet with the students throughout the year to interact, socialize, assist with school/life balance, share experiences, etc. Member Mentors include:

- |                          |                           |                        |
|--------------------------|---------------------------|------------------------|
| • Monte Anderson, M.D.   | • Charles Erlichman, M.D. | • Paul Schnur, M.D.    |
| • David Barrs, M.D.      | • Dave Sanderson, M.D.    | • Jerry Smilack, M.D.  |
| • Peter Bosch, M.D.      | • Jacques Heppell, M.D.   | • Beverly Tozer, M.D.  |
| • Suzanne Connolly, M.D. | • Stephen Noll, M.D.      | • Richard Umfrid, M.D. |
| • Fred Edwards, M.D.     | • Don Novicki, M.D.       | • Susan Wickes, M.D.   |
|                          | • Dennis Robertson, M.D.  | • Dan Wochos, M.D.     |

**Upcoming Arizona Activities 2017:**

**October 20** – Fall Hike at Prescott Dells, lunch hosted by Pat and Monte Anderson; Prescott, Arizona

**October TBD** - Educational Adventure Series – Camino de Santiago: A Pilgrimage, Jan Kaplan – Noon – 1:00

**November 28** – Educational Adventure Series – Vietnam, Jacques Heppell – Noon – 1:00 pm Rm: MCH 01-115

**December 18** – Educational Adventure Series – Passage of the Moors, Suzanne Connolly – Noon – 1:00 pm Taylor Auditorium with video to MH 01-115

**Quarterly Meetings:**

**November 17** – Luis Scott MD, Volunteer Physician: 2016 Rio Olympics

**December 5** – Holiday Dinner Party, Starfire Golf Club

*Emeriti Staff Quarterly Newsletter* is published quarterly for members of the Mayo Clinic emeriti staff. It also is mailed to current Mayo consulting staff age 60 and older. To contribute news to share with your fellow emeriti staff, e-mail Gene G. Hunder, M.D. at [ghunder@mayo.edu](mailto:ghunder@mayo.edu) or mailing address: Dr. Gene G. Hunder, Emeriti Staff Quarterly Newsletter, Plummer North 10, Mayo Clinic, Rochester, MN 55905.

**Emeriti Staff Officers 2016-2017**

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