



# Office of Health Disparities Research



Reducing health disparities is a high clinical and community research priority for Mayo Clinic. A central Office of Health Disparities Research (OHDR) was established in 2012 to coordinate health disparities research across all Mayo Clinic locations. Headquartered on Mayo Clinic’s campus in Rochester, Minnesota, the OHDR also has offices in Jacksonville, Florida; and Scottsdale, Arizona.

## DISEASE FOCUS AREAS

- CANCER
- CARDIOVASCULAR DISEASE
- DIABETES
- OBESITY
- MUSCULOSKELETAL DISEASES
- RESPIRATORY DISEASES
- MENTAL ILLNESS
- ADDICTION

## VISION

Mayo Clinic research programs will support the institutional mission of providing the best care every day to patients from all cultural, racial and ethnic backgrounds.

## MISSION

The OHDR will support meaningful research programs to identify, develop and deploy strategies to eliminate health disparities, and to ensure that Mayo Clinic research subjects (and patients) reflect the diverse communities that form the mosaic of our nation.

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## COMMUNITY PARTNERS

**Minnesota:** Indian Health Services / Native CIRCLE / Native American Research Outreach / Red Lake Nation / Rochester Healthy Community Partnership / The Links, Incorporated

**Arizona:** Arizona State University / Maricopa Integrated Health System / Mountain Park Health Center / Somali American United Council of Arizona

**Florida:** Edward Waters College / First Coast YMCA / Nemours Children’s Clinic / New Town Success Zone / Sisters Network, Inc. / Schell-Sweet Community Resource Center / University of Florida Health / Volunteers in Medicine

## ADDRESSING HEALTH DISPARITIES

Mayo Clinic is engaged in a wide range of research activities to address health inequities. The Office of Health Disparities Research:

- Promotes research at Mayo and in communities to identify and eliminate health disparities
- Supports the work of over 100 Mayo scientists who are engaged in health disparities research:
  - Provides information, resources and infrastructure
  - Facilitates partnerships with community organizations
  - Awards \$350,000 annually in intramural funding for pilot projects and special initiatives
- Helps ensure diverse populations are involved in research studies
- Coordinates community input on Mayo research programs to achieve diversity and make a positive difference to human health
- Serves as a Mayo Clinic “front door” for community collaborators, research sponsors, and scientists at other institutions
- Leverages related Mayo Clinic health disparities initiatives, such as the Office for Community Engagement in Research in the Center for Clinical and Translational Science, and efforts within the Mayo Clinic Cancer Center
- Serves as a point of engagement with other Mayo diversity and inclusion programs

## FOCUS AREAS

### Research Methodologies

Establishing social determinants of health  
Community-based participatory research  
Patient attitudes, beliefs and behavior  
Cultural tailoring of interventions  
Digital storytelling  
Social network analysis  
Medical record abstraction/extraction  
Examining patient-provider bias

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### Research Outcomes

Disease prevention  
Maternal and child health and wellness  
Substance abuse prevention  
Supportive and palliative care  
Patient centeredness  
Care coordination  
Access to health care  
Effectiveness of care for common clinical conditions  
Health literacy dissemination

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## OHDR TEAM

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## MORE INFORMATION

Learn more about Mayo Clinic health disparities research projects or explore opportunities for collaboration.

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