

## New Patient Information

You have an appointment scheduled at the UNM Cancer Center. Please review the enclosed information, instructions and forms needed for your appointment. For more information, visit our web site at [cancer.unm.edu](http://cancer.unm.edu).

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Your appointment with Dr. \_\_\_\_\_ is scheduled on: \_\_\_/\_\_\_/\_\_\_

Please arrive at the Center to register at: \_\_\_\_\_ am / pm

Your appointment time is scheduled for: \_\_\_\_\_ am / pm

1. **Confirm your appointment.** Please call the UNM Cancer Center at 505-272-4946 the day before your scheduled appointment.
2. **Call the UNM Cancer Center if you need to reschedule your appointment.** If you need to cancel or reschedule your appointment, please call the UNM Cancer Center at 505-272-4946 at least 24 hours before your scheduled appointment.
3. **Arrive 30 minutes before your appointment.** Please arrive 30 minutes before your scheduled appointment so you will have enough time to park and register.
4. **Go to the 1st floor to Check-in and register.**

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We will do everything we can to make sure you are seen at your scheduled appointment time. However, there may be times when you have to wait longer than expected due to unforeseen emergencies or situations that require the doctors' attention.

Interpreter Services are available. Please call 505-272-4946 to request.

### Insurance and Billing Information

Most insurance coverage is accepted at the UNM Cancer Center. If you do not have insurance, we will schedule an appointment for you with a financial counselor for assistance and/or payment plan options. If you will be paying cash, please be prepared to pay a \$50.00 co-pay at time of service. You will be billed for any additional charges incurred during your visit including but not limited to physician fees, lab work, X-rays, medications or procedures.

You will receive separate bills for your hospital and physician services. You will receive bills from UNM Hospitals with charges for use of the facility, lab work, diagnostic testing and procedures. Your physician fees, such as visits with your provider and charges involving review and reading of your diagnostic tests, will be billed out by the University of New Mexico Medical Group. We know that keeping track of your medical bills during a time of an illness is an added challenge, so please reach out for assistance if you have questions at 505-925-6617.



Print Name/Nombre en letra de molde \_\_\_\_\_ Date/Fecha \_\_\_\_\_

Medical Record Number/Número de expediente médico \_\_\_\_\_

**1. What is your primary language?/¿Cuál es su idioma primario?** \_\_\_\_\_

Interpreter required?/¿Necesita un intérprete? No  Yes/Sí  Name of interpreter/Nombre del intérprete \_\_\_\_\_

**2. Reason for today's visit/Motivo de la consulta de hoy** \_\_\_\_\_  
(clinical use only/sólo para uso clínico)

**3. Past History/Antecedentes Pasados**

**Past/chronic illnesses / Enfermedades pasadas/crónicas**

please check those that apply or list below  
por favor marque con una palomita los que aplican o escriba abajo

- High Blood Pressure/Alta Presión Arterial
- Low Blood Pressure/Baja Presión Arterial
- Heart Disease/Enfermedad del Corazón
- Diabetes
- Arthritis/Artritis
- Other Cancer(specify)/Otro cáncer (especifica)

\_\_\_\_\_

**Other information/Otra información**

Immunizations/Inmunizaciones \_\_\_\_\_  
Dietary status/Estado de dieta \_\_\_\_\_

**4. Allergies-Immune/Alergias-Inmune**

Frequent infections/Infecciones frecuentes .....No  Yes/Sí   
Seasonal rhinitis/Rinitis estacional.....No  Yes/Sí   
Allergy medications/Alergias a medicamentos.....No  Yes/Sí   
If yes, please list your allergy medications:  
Si la repuesta es sí, por favor describa sus alergias a medicamentos:

\_\_\_\_\_

**Do you have any allergies to:  
Tiene alguna alergia a los siguientes?:**

- Medicines/Medicamentos .....No  Yes/Sí
- Foods/Alimentos.....No  Yes/Sí
- Environmental-Seasonal/Ambiente-Estacional .....No  Yes/Sí

If yes, please list and describe your allergic reaction(s):  
Si la repuesta es sí, por favor describa sus reacciones alérgicas:

\_\_\_\_\_

**5. Past Surgical History/Antecedentes Quirúrgicos**

Have you ever been in the hospital or had surgery?  
¿Ha estado internado en el hospital o ha tenido alguna cirugía?  
If yes, please describe type of surgery and what year:  
Si la respuesta es sí, por favor describa el tipo de cirugía y en que año:

\_\_\_\_\_

**6. Social History/Historia Social**

Do you live alone?/¿Vive usted solo/a?.....No  Yes/Sí   
If no, list who lives with you:  
Si la respuesta es no, ¿quién vive con usted?:

\_\_\_\_\_

Do you or have you ever smoked?  
¿Fuma o ha fumado en el pasado? .....No  Yes/Sí

If yes, how many packs per day?  
Si la respuesta es sí, ¿Cuántas cajetillas al día? \_\_\_\_\_

For how many years?/¿Por cuantos años? \_\_\_\_\_

If you have quit smoking, for how many years?  
Si ha dejado de fumar, ¿Por cuantos años? \_\_\_\_\_

Do you, or have you ever used chewing tobacco?  
¿Masca o ha mascado tabaco? .....No  Yes/Sí

Do you, or have you ever used recreational drugs?  
¿Usa o ha usado drogas recreativas? .....No  Yes/Sí

Do you or have you ever used alcohol?  
¿Toma o ha tomado alcohol? .....No  Yes/Sí

Are you sexually active?  
¿Está sexualmente activo/a? .....No  Yes/Sí

Any changes in sexual function?  
¿Algún cambio en su función sexual? .....No  Yes/Sí

**Marital status/Situación matrimonial**

(Please check one/Por favor rodea uno)  
 Single/Soltero(a)  Married/Casado(a)  Partner/Pareja  
 Divorced/Divorciado(a)  Widowed/Viudo(a)

**Ethnicity/Origen étnico**

(Choose one of the following/Elige uno de los siguientes)  
 I choose NOT to report ethnicity or race  
 Eligo NO reportar mi etnicidad o raza  
 African American/afroamericano  
 Asian/asiático  
 Latino-Hispanic/latino-hispano  
 More than one race/Más de una raza  
 Native Hawaiian - Pacific Islands/nativo Hawaiano - islas pacificas  
 Native American/indio nativo  
 Unknown - not reported/Desconocido - no reportado  
 White /Caucásico

**7. Family History/Historia Familiar**

Family history of cancer/Historia familiar de cáncer ... No  Yes/Sí   
If yes, please list who (blood related), what type of cancer and at what age they were diagnosed:  
Si la respuesta es sí, por favor apunte quien (relación), y que tipo de cáncer, y a que edad ellos fueron diagnosticados:

\_\_\_\_\_

PATIENT LABEL

Patient's signature/Firma del paciente \_\_\_\_\_ Date/Fecha \_\_\_\_\_

Provider's signature \_\_\_\_\_ Date \_\_\_\_\_

8. REVIEW OF SYMPTOMS (Please check No or Yes)/HISTORIAL MÉDICA - REPASO DE SÍNTOMAS (Por favor marque No o Sí):

**Constitutional/Constitucional**

- Fever/Fiebre .....No  Yes/Sí   
Weight loss in past 6 months  
Pérdida de peso en los últimos 6 meses.....No  Yes/Sí   
Night sweats/Sudación nocturna .....No  Yes/Sí   
Fatigue - change in energy level  
Fatiga - cambio en nivel de energía.....No  Yes/Sí   
If yes, describe/Si la respuesta es sí describa:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

- Sleep problems/Problemas de sueño .....No  Yes/Sí

**Gastrointestinal**

- Vomit/Vómito .....No  Yes/Sí   
Heartburn/Acidez.....No  Yes/Sí   
Trouble with swallowing/Dificultades al tragar .....No  Yes/Sí   
Constipation/Estreñimiento .....No  Yes/Sí   
Diarrhea/Diarrea .....No  Yes/Sí   
Nausea/Náusea.....No  Yes/Sí   
Black or bloody stool/  
Excremento negro o sangriento .....No  Yes/Sí

**Neurologic/Neurológico**

- Pins and needles sensation/Hormiguelo.....No  Yes/Sí   
Weakness/Debilidad.....No  Yes/Sí   
Numbness/Entumecimiento .....No  Yes/Sí

**Endocrine/Endocrino**

- Heat or cold intolerance/Intolerancia al calor o frío .No  Yes/Sí   
Increased amount of urine  
Aumento en la cantidad de orina .....No  Yes/Sí   
Excessive sweating/Sudoración excesiva .....No  Yes/Sí   
Increased fluid intake  
Aumento del consumo de líquidos .....No  Yes/Sí

**Hematologic-Lymphatic/Hematológico-Linfático**

- Excess bleeding after cut  
Sangrado excesivo con una cortada .....No  Yes/Sí   
Enlargement or tenderness of lymph glands  
Dilatación o sensibilidad de ganglios linfáticos .....No  Yes/Sí

**Eyes/Ojos**

- Any changes in vision/Algún cambio en visión .....No  Yes/Sí   
Eye pain/Dolor de ojos .....No  Yes/Sí

**Ears-Nose-Throat-Head-Neck**

**Oídos-Nariz-Garganta-Cabeza-Cuello**

- Ear pain or ringing/Dolor o zumbido de oído.....No  Yes/Sí   
Nasal congestion/Congestión nasal.....No  Yes/Sí   
Dry mouth/Sequedad en la boca .....No  Yes/Sí   
Hoarseness/Ronquera .....No  Yes/Sí   
Sore throat/Dolor de garganta.....No  Yes/Sí

**Respiratory/Respiratorio**

- Cough/Tos .....No  Yes/Sí   
Difficulty breathing/Dificultades con respiración.....No  Yes/Sí   
Wheezing/Sibilancias al respirar.....No  Yes/Sí

**Psychological/Psicológico**

- Depression/Depresión.....No  Yes/Sí   
Anxiety/Ansiedad.....No  Yes/Sí

**Genitourinary/Genitourinario**

- Frequent need to urinate  
Necesidad de orinar frecuentemente .....No  Yes/Sí   
Painful urination/Dolor al orinar .....No  Yes/Sí   
Bloody or tea-colored urine  
Orina con sangre o color de té.....No  Yes/Sí   
Get up at night to urinate/  
Se para en la noche para orinar.....No  Yes/Sí   
Leakage of urine/Escape involuntaria de orina.....No  Yes/Sí   
Weak urinary stream/Flujo de orina débil .....No  Yes/Sí   
Problems with erections/  
problemas con erecciones .....No  Yes/Sí   
Heavy menses/Menstruaciones abundantes .....No  Yes/Sí

**Musculoskeletal/Osteomuscular**

- Muscle Problems/Problemas musculares.....No  Yes/Sí   
Joint Problems/Problemas de articulaciones .....No  Yes/Sí   
Bone pain/Dolor de huesos .....No  Yes/Sí

**Cardiovascular**

- Chest pain/Dolor de pecho.....No  Yes/Sí   
Irregular heartbeats/  
Latidos irregulares del corazón .....No  Yes/Sí   
Pain in the back of the legs with walking  
Dolor atras de las piernas con caminar.....No  Yes/Sí

**Skin/Piel**

- Rash/Sarpullido .....No  Yes/Sí   
Hives/Ronchas .....No  Yes/Sí   
Change in skin color/Cambio en color de la piel.....No  Yes/Sí   
Lump or thickening/Bultos o engrosamientos.....No  Yes/Sí   
Changing Moles/Cambios en lunares .....No  Yes/Sí

**FOR WOMEN/PARA MUJERES**

- Are you pregnant?/¿Está embarazada? .....No  Yes/Sí   
Are you or your partner using any birth control at this time?  
¿Está usando usted o su pareja alguna forma de anticoncepción?  
.....No  Yes/Sí   
Date of last menstrual period/Fecha de última menstruación \_\_\_\_\_  
Length of period/Duración de menstruación \_\_\_\_\_  
Age at first menses/Edad a primera menstruación \_\_\_\_\_  
Number of past pregnancies/Número de embarazos pasados \_\_\_\_\_  
Number of live births/Número de nacimientos vivos \_\_\_\_\_  
Age at first birth/Edad al primer nacimiento \_\_\_\_\_  
Number of living children/Número de hijos viviendo \_\_\_\_\_  
If you have nursed children, how many months?/Si dio pecho a sus hijos, ¿por cuantos meses? \_\_\_\_\_  
Have you ever taken:/Ha tomado antes:  
Hormone pills/Pastillas de hormonas .....No  Yes/Sí   
Birth control pills/Pastillas anticonceptivas .....No  Yes/Sí   
Are you planning to have children in the future?/  
¿Está pensando en tener hijos en el futuro?.....No  Yes/Sí   
Have you ever had a breast biopsy?  
¿Le han hecho una biopsia del seno? .....No  Yes/Sí   
Results/Resultados: \_\_\_\_\_  
When did you last have a pap smear?  
¿Cuándo fue su última prueba de Papanicolaou? \_\_\_\_\_

PATIENT LABEL

## Medication List

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

DOB: \_\_\_\_\_ MRN: \_\_\_\_\_

Please list any allergies you might have:

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**Please include: ALL** over the counter medications (for example, Tylenol) and **ALL** Herbal medications.

Medication	Dose or strength	How often do you take it?	Reason or why do you take it?

DO NOT WRITE BELOW THIS LINE – STAFF USE ONLY

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Completed by \_\_\_\_\_ Title \_\_\_\_\_ Date \_\_\_\_\_



## Frequently Asked Questions

### **1** Where do I park when I have to visit the UNM Comprehensive Cancer Center?

You have three options for parking during your visit:

- East side of the building where you enter the building on the first floor. You may have your vehicle valet parked for free.
- West side of the building. Patient Parking is designated in rows 4 through 9 and the row that runs North/South on the Westside. Please be sure the space you park in is labeled "Patient Parking Only". You will enter the building on the ground floor near the Radiation Oncology Check-in Desk. (Please see attached Patient Parking map)
- Oversized Vehicle Lot at the St. Paul Lutheran Church. Patients traveling in an oversized vehicle must park in this designated lot. Please contact UNM Cancer Center at 505-272-4946 or 1-800-432-6808 prior to your clinic appointment to make arrangements for shuttle pick up at the Oversized Vehicle Lot. Oversized vehicles are: Recreation Vehicles (RV's), large bus type vehicles, vehicles with attached trailers, or any other vehicle that cannot fit in a single parking space without obstructing the right away or crowding an adjacent parking space. (Please see attached map Location D).
- Handicap parking spaces available in rows 7 through 9. If there are not any handicap spaces available, you may park in any of the other green striped patient parking spaces; or you may go to the East entrance and have your car valet parked for free.

### **2** Where do I Register/Check-in for my appointment?

If you have a Radiation Oncology appointment you may register/check-in for that appointment on the ground floor Radiation Oncology Check-in Desk. If you have multiple appointments and your first appointment of the day is for Radiation Oncology, you may check-in for ALL appointments at the ground floor Radiation Oncology Check-in Desk. If you do not have a Radiation Oncology appointment, or the Radiation Oncology appointment is not your first appointment of the day, you should check in at the Reception Check-in Desk on the first floor.

### **3** Do I need to go to the Reception-Check-in Desk if I need labs from TriCore or X-rays?

No, you may go directly to the appropriate department to get these services. If you have a UNM Cancer Center appointment as well, then you can go to the Reception Check-in Desk on the first floor AFTER you have completed these tests.

### **4** Why am I asked for my address, phone number and insurance every time I check in for an appointment?

We want to ensure we have the correct contact information in case a Physician or other provider needs to contact you. Insurance is verified at each visit. Medicare requires us to ask a series of questions every 90 days for any recurring visits.

## **5** Why am I handed a restaurant style pager when I check in?

We use a pager system to allow you to sit comfortably in our Lobby Area and still be easily contacted when the next registrar is available. Your registrar will complete your registration process as quickly and as efficiently as possible.

## **6** What areas are on the different floors?

### **Ground Floor**

West Parking Lot Entrance, Radiation Oncology, Medical Records

### **First Floor**

East Parking Lot Entrance, Reception Check-in, Tricore Laboratories, UNMH Radiology, Hematology/Oncology Clinic

### **Second Floor**

Women's Clinic

### **Third Floor**

Hematology/Oncology Clinic

### **Fourth Floor**

Infusion Suite

## **7** Why am I told there will be an electronic message sent when I call to speak to someone?

When a "live" person is not available to speak with you immediately, our operators will send an electronic message to the appropriate staff to help expedite a return call. This system allows us to track calls to ensure that we return them in a reasonable time.

## **8** Why am I required to wear an orange wristband?

We want to ensure we are treating the correct person. Throughout your visit you will frequently be asked for your name and date of birth. We compare the information you give us to the information on the wrist band to

make sure we have the right person every time.

## **9** Am I able to bring my family and friends to my visits?

Yes, you may bring your family and friends. All visitors who come with our patients will be given a yellow wristband.

## **10** Am I able to bring my pet with me to my visits?

Only service dogs are permitted in the clinic. They may not be allowed in certain areas.

## **11** May I bring children to the UNM Cancer Center?

Yes, except for the Infusion suite. Children 14 years and younger are not permitted in the Infusion Suite. Please do not leave your children unattended while at the UNM Cancer Center.

## **12** Where can I find food in the building?

The El Oso Café located on the first floor and is open from 7 am to 4 pm. The café entrance is just west of the information desk. Visit [www.cinnamoncafeabq.com](http://www.cinnamoncafeabq.com) to view the menu and call 505-925-0068 to order for pick-up. Coffee is available on the first and third floor lobbies. You are always welcome to bring food or snacks if you are scheduled to be at the Cancer Center for an extended period of time.

## **13** Am I able to use my cell phone while at the Cancer Center?

You may bring and use your cell phone in the building, but we ask that you be courteous to others and keep the volume low.

## **14** Why am I not able to use my e-cigarette inside the building?

The University of New Mexico has a non-smoking campus. The UNM Cancer Center does not allow smoking of any kind in the building or in the parking lot.



# DIRECTIONS

1201 Camino de Salud NE • Albuquerque, NM 87102

Call 505-272-4946 with questions



COMPREHENSIVE  
CANCER CENTER

## Step 1 — Getting to Our Center

### From I-40 Westbound:

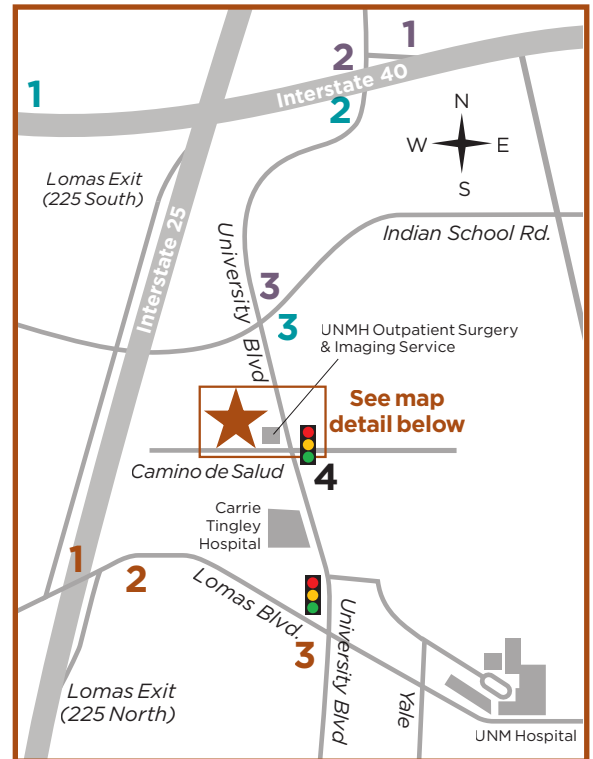
- 1 Exit I-40 at University (Exit 159D)
- 2 Turn south (left) on University Blvd
- 3 Pass Indian School to Camino de Salud

### From I-40 Eastbound:

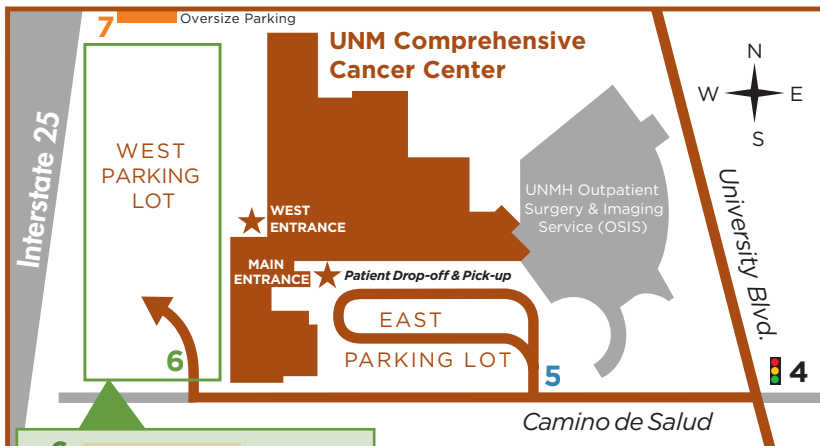
- 1 Exit I-40 at University (Exit 159A)
- 2 Turn south (right) on University Blvd
- 3 Pass Indian School to Camino de Salud

### From I-25 North or Southbound:

- 1 Exit I-25 at Lomas Blvd (Exit 225).
- 2 Go east on Lomas toward the Sandia Mountains until you reach University Blvd (first light).
- 3 Turn north (left) on University Blvd and follow it to Camino de Salud (first light).



## Step 2 — Drop-off and Parking

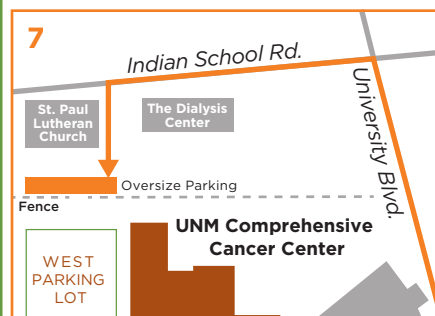
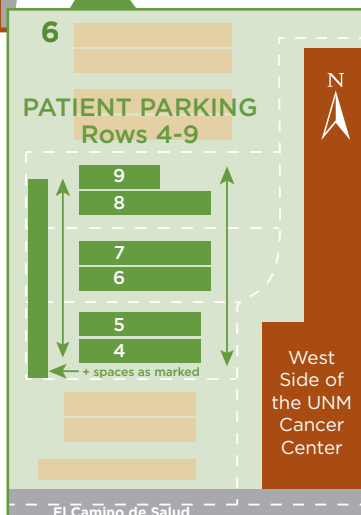


**4 Turn west on Camino de Salud** the UNMH Outpatient Surgery and Imaging Service is on the northwest corner. The UNM Comprehensive Cancer Center is the tall building to the west of it.

**5 Patient drop-off and pick-up** is on the east side of the UNM Cancer Center main entrance. Take the first right into the east lot and drive up to the entrance. Free valet parking.

**6 Patient and visitor parking** is available in the west lot only. Continue down the hill and take the next right into the west lot. Enter through the Radiation & Oncology Entrance. Park in rows 4-9 or in the back of the lot.

**7 Oversize parking** is available for RVs or vehicles that can't fit in a single space. Parking is at the St. Paul Lutheran Church. Call us at 505-272-4946 or 1-800-432-6806 before your appointment to arrange for shuttle pick up at the Oversized Vehicle Lot.



**Handicapped parking** is available in both the east and west lots.





**AUTHORIZATION TO REQUEST HEALTH INFORMATION**

Patient Name \_\_\_\_\_ Date of Birth \_\_\_\_\_ Medical Record # \_\_\_\_\_

I hereby authorize the UNM Health Sciences Center to receive information from my health record from:

**Requested M.D./or Hospital**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

**For the purpose of treatment for:** \_\_\_\_\_

**Information to be disclosed:**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> most recent visit/admission  | <input type="checkbox"/> progress notes           | <input type="checkbox"/> school records               |
| <input type="checkbox"/> history & physical exam      | <input type="checkbox"/> laboratory tests         | <input type="checkbox"/> psychological evaluation     |
| <input type="checkbox"/> initial assessment           | <input type="checkbox"/> x-ray reports            | <input type="checkbox"/> physical therapy evaluation  |
| <input type="checkbox"/> consultation reports         | <input type="checkbox"/> pathology reports        | <input type="checkbox"/> speech & language evaluation |
| <input type="checkbox"/> operative report             | <input type="checkbox"/> ER record/outpatient log | <input type="checkbox"/> occupational therapy         |
| <input type="checkbox"/> discharge summary            |   |   |
| <input type="checkbox"/> Other (please specify) _____ |   |   |

**Covering the period(s) of healthcare:** from (date) \_\_\_\_\_ to (date) \_\_\_\_\_  
from (date) \_\_\_\_\_ to (date) \_\_\_\_\_

**I authorize that this will include information relating to (initial if applicable):**

- yes  no acquired immunodeficiency syndrome (AIDS) or human immunodeficiency virus (HIV) infection, or other sexually transmitted diseases \_\_\_\_\_ initial
- yes  no behavioral health services/psychiatric care \_\_\_\_\_ initial
- yes  no treatment for alcohol and/or drug abuse \_\_\_\_\_ initial

I understand that I have a right to revoke this authorization at any time. I understand that if I revoke this authorization I must do so in writing and present my written revocation to the Health Information Management Department. I understand that the revocation will not apply to information that has already been released in response to this authorization. I understand that the revocation will not apply to my insurance company when the law provides my insurer with the right to contest a claim under my policy. Unless otherwise revoked, this authorization will expire on the following date, event, or condition: \_\_\_\_\_ . If I fail to specify an expiration date, event or condition, this authorization will expire in six months from the date on which it was signed.

I understand that once the above information is disclosed, it may be redisclosed by the recipient and the information may not be protected by federal privacy laws or regulations.

I understand that authorizing the disclosure of this health information is voluntary. I can refuse to sign this authorization. I need not sign this form in order to ensure healthcare treatment.

Please mail the copies of my record to:

- University Hospital, Health Information Mgmt/Medical Record Dept, 2211 Lomas Blvd NE, Albuquerque, NM 87106
- UNM Psychiatric Center, Health Information Mgmt/Medical Record Dept, 2600 Marble NE, Albuquerque, NM 87131
- UNM Children's Psychiatric Center, Health Information Mgmt, 1001 Yale Blvd NE, Albuquerque, NM 87131
- Carrie Tingley Hospital, Health Information Mgmt Dept, 1127 University Blvd NE, Albuquerque, NM 87102
- UNM Cancer Research & Treatment Center, Health Information Mgmt Dept, MSC 08 4630, 1 University of New Mexico, Albuquerque, NM 87131
- UNMHSC Clinic/Department: \_\_\_\_\_

\_\_\_\_\_  
Signature, Patient, or legal representative (Relationship to patient) (Date)

\_\_\_\_\_  
Signature of Witness (Date) (Parent, if CPH/PFC&A patient over 14) (Date)



Welcome to the UNM Comprehensive Cancer Center!

In your welcome packet, you will find a form called the “Advanced Directive for Healthcare.” We give this form to every patient who comes to the UNM Cancer Center, whether they are healthy or sick.

The form has two parts. The first part lets you choose a person to make healthcare decisions for you if you cannot make decisions yourself. It is called **Power of Attorney for Healthcare**. The second part lets you tell us what kind of medical care you would want if you were near the end of your life. It is called **Instructions for Healthcare**.

This form protects your rights as a patient. We know it may be hard to fill out this form, but it helps us give you the care you want.

Key things to know about this form:

- You can change it at any time. Just fill out a new one.  
The form is used **ONLY** if you cannot speak for yourself.
- You can choose to fill out just the first or second part, or all of the form.
- You do not have to fill out this form, but it does help us give you the type of care you want.

If you choose to fill out this form, please bring a copy with you. If you have a different advanced directive that you have already completed and signed, please bring a copy that document with you. We will place the copy of your advanced directive in your file.

If you have questions, please talk to your health care provider. If you need help with these forms, please ask to talk to a social worker when you come to your appointment.

Thank you,



Richard C. Lauer, MD  
Chief Medical Officer  
UNM Comprehensive Cancer Center



"OPTIONAL ADVANCE HEALTH CARE DIRECTIVE

**Explanation**

You have the right to give instructions about your own health care. You also have the right to name someone else to make health care decisions for you. This form lets you do either or both of these things. It also lets you express your wishes regarding the designation of your primary physician.

**THIS FORM IS OPTIONAL.** Each paragraph and word of this form is also optional. If you use this form, you may cross out, complete or modify all or any part of it. You are free to use a different form. If you use this form, be sure to sign it and date it.

**PART 1** of this form is a power of attorney for health care. **PART 1** lets you name another individual as agent to make health care decisions for you if you become incapable of making your own decisions or if you want someone else to make those decisions for you now even though you are still capable. You may also name an alternate agent to act for you if your first choice is not willing, able or reasonably available to make decisions for you. Unless related to you, your agent may not be an owner, operator or employee of a health care institution at which you are receiving care.

Unless the form you sign limits the authority of your agent, your agent may make all health care decisions for you. This form has a place for you to limit the authority of your agent. You need not limit the authority of your agent if you wish to rely on your agent for all health care decisions that may have to be made. If you choose not to limit the authority of your agent, your agent will have the right to:

- (a) consent or refuse consent to any care, treatment, service or procedure to maintain, diagnose or otherwise affect a physical or mental condition;
- (b) select or discharge health-care providers and institutions;
- (c) approve or disapprove diagnostic tests, surgical procedures, programs of medication and orders not to resuscitate; and
- (d) direct the provision, withholding or withdrawal of artificial nutrition and hydration and all other forms of health care.

**THIS FORM IS OPTIONAL.** You do not have to use any form; instead, you may tell your doctor who you want to make health care decisions for you. If you have not signed a form or told your doctor who you want to make your health care decisions, New Mexico law allows these people, in the following order, to make your health care decisions (if these people are reasonably available): 1) spouse, 2) significant others, 3) adult child, 4) parent, 5) adult brother or sister, 6) grandparent, 7) close friend.

**PART 2** of this form lets you give specific instructions about any aspect of your health care. Choices are provided for you to express your wishes regarding life-sustaining treatment, including the provision of artificial nutrition and hydration, as well as the provision of pain relief. In addition, you may express your wishes regarding whether you want to make an anatomical gift of some or all of your organs and tissue. Space is also provided for you to add to the choices you have made or for you to write out any additional wishes.

**PART 3** of this form lets you designate a physician to have primary responsibility for your health care.

After completing this form, sign and date the form at the end. It is recommended but not required that you request two other individuals to sign as witnesses. Give a copy of the signed and completed form to your physician, to any other health care providers you may have, to any health care institution at which you are receiving care and to any health-care agents you have named. You should talk to the person you have named as agent to make sure that he or she understands your wishes and is willing to take the responsibility.

You have the right to revoke this advance health care directive or replace this form at any time.

\*\*\*\*\*

PART 1

POWER OF ATTORNEY FOR HEALTH CARE

(1) DESIGNATION OF AGENT: I designate the following individual as my agent to make health care decisions for me:

---

(name of individual you choose as agent)

---

(address) (city) (state) (zip code)

---

(home phone) (work phone)

If I revoke my agent's authority or if my agent is not willing, able or reasonably available to make a health care decision for me, I designate as my first alternate agent:

---

(name of individual you choose as first alternate agent)

---

(address) (city) (state) (zip code)

---

(home phone) (work phone)

If I revoke the authority of my agent and first alternate agent or if neither is willing, able or reasonably available to make a health care decision for me, I designate as my second alternate agent:

---

(name of individual you choose as second alternate agent)

---

(address) (city) (state) (zip code)

---

(home phone) (work phone)

(2) AGENT'S AUTHORITY: My agent is authorized to obtain and review medical records, reports and information about me and to make all health care decisions for me, including decisions to provide, withhold or withdraw artificial nutrition, hydration and all other forms of health care to keep me alive, except as I state here:

---

---

(Add additional sheets if needed.)



(3) **WHEN AGENT'S AUTHORITY BECOMES EFFECTIVE:** My agent's authority becomes effective when my primary physician and one other qualified health-care professional determine that I am unable to make my own health care decisions. If I initial this box [ ], my agent's authority to make health-care decisions for me takes effect immediately.

(4) **AGENT'S OBLIGATION:** My agent shall make health care decisions for me in accordance with this power of attorney for health care, any instructions I give in Part 2 of this form and my other wishes to the extent known to my agent. To the extent my wishes are unknown, my agent shall make health care decisions for me in accordance with what my agent determines to be in my best interest. In determining my best interest, my agent shall consider my personal values to the extent known to my agent.

(5) **NOMINATION OF GUARDIAN:** If a guardian of my person needs to be appointed for me by a court, I nominate the agent designated in this form. If that agent is not willing, able or reasonably available to act as guardian, I nominate the alternate agents whom I have named, in the order designated.

## PART 2

### INSTRUCTIONS FOR HEALTH CARE

If you are satisfied to allow your agent to determine what is best for you in making end-of-life decisions, you need not fill out this part of the form. If you do fill out this part of the form, you may cross out any wording you do not want.

(6) **END-OF-LIFE DECISIONS:** If I am unable to make or communicate decisions regarding my health care, and IF (i) I have an incurable or irreversible condition that will result in my death within a relatively short time, OR (ii) I become unconscious and, to a reasonable degree of medical certainty, I will not regain consciousness, OR (iii) the likely risks and burdens of treatment would outweigh the expected benefits, then I direct that my health care providers and others involved in my care provide, withhold or withdraw treatment in accordance with the choice I have initialed below in one of the following three boxes:

[ ] I CHOOSE NOT To Prolong Life

I do not want my life to be prolonged.

[ ] I CHOOSE To Prolong Life

I want my life to be prolonged as long as possible within the limits of generally accepted health care standards.

[ ] I CHOOSE To Let My Agent Decide

My agent under my power of attorney for health care may make life-sustaining treatment decisions for me.

(7) **ARTIFICIAL NUTRITION AND HYDRATION:** If I have chosen above NOT to prolong life, I also specify by marking my initials below:

[ ] I DO NOT want artificial nutrition OR

[ ] I DO want artificial nutrition.

[ ] I DO NOT want artificial hydration unless required for my comfort OR

[ ] I DO want artificial hydration.

(8) RELIEF FROM PAIN: Regardless of the choices I have made in this form and except as I state in the following space, I direct that the best medical care possible to keep me clean, comfortable and free of pain or discomfort be provided at all times so that my dignity is maintained, even if this care hastens my death:

---

---

(9) ANATOMICAL GIFT DESIGNATION: Upon my death I specify as marked below whether I choose to make an anatomical gift of all or some of my organs or tissue:

I CHOOSE to make an anatomical gift of all of my organs or tissue to be determined by medical suitability at the time of death, and artificial support may be maintained long enough for organs to be removed.

I CHOOSE to make a partial anatomical gift of some of my organs and tissue as specified below, and artificial support may be maintained long enough for organs to be removed.

---

---

I REFUSE to make an anatomical gift of any of my organs or tissue.

I CHOOSE to let my agent decide.

(10) OTHER WISHES: (If you wish to write your own instructions, or if you wish to add to the instructions you have given above, you may do so here.) I direct that:

---

---

(Add additional sheets if needed.)

### PART 3

#### PRIMARY PHYSICIAN

(11) I designate the following physician as my primary physician:

---

(name of physician)

---

(address) (city) (state) (zip code)

---

(phone)

If the physician I have designated above is not willing, able or reasonably available to act as my primary physician, I designate the following physician as my primary physician:

\_\_\_\_\_  
(name of physician)

\_\_\_\_\_  
(address) (city) (state) (zip code)

\_\_\_\_\_  
(phone)

\*\*\*\*\*

(12) EFFECT OF COPY: A copy of this form has the same effect as the original.

(13) REVOCATION: I understand that I may revoke this OPTIONAL ADVANCE HEALTH CARE DIRECTIVE at any time, and that if I revoke it, I should promptly notify my supervising health care provider and any health care institution where I am receiving care and any others to whom I have given copies of this power of attorney. I understand that I may revoke the designation of an agent either by a signed writing or by personally informing the supervising health care provider.

(14) SIGNATURES: Sign and date the form here:

\_\_\_\_\_  
(date)

\_\_\_\_\_  
(sign your name)

\_\_\_\_\_  
(address)

\_\_\_\_\_  
(print your name)

\_\_\_\_\_  
(city) (state)

\_\_\_\_\_  
(your social security number)

(Optional) SIGNATURES OF WITNESSES:

First witness

Second witness

\_\_\_\_\_  
(print your name)

\_\_\_\_\_  
(print your name)

\_\_\_\_\_  
(address)

\_\_\_\_\_  
(address)

\_\_\_\_\_  
(city) (state)

\_\_\_\_\_  
(city) (state)

\_\_\_\_\_  
(signature of witness)

\_\_\_\_\_  
(signature of witness)

\_\_\_\_\_  
(date)

\_\_\_\_\_  
(date)".

