GET THE HELP YOU NEED

We still offer a wide range of support for our patients, their caregivers, and their families. During the COVID-19 pandemic, we’ve moved most of our services online.

Attend any of the following online sessions through Zoom. Zoom offers online video and phone conferencing. See details listed for each support group below. Most Zoom meeting links and call-in numbers can be found at:

ONLINE CALENDAR
goto.unm.edu/cancer-support
For meeting details, look for the titles below on the online calendar.

ASK THE REGISTERED DIETITIAN

Wednesdays at 2 pm through June 24
For links and phone numbers, view the Zoom meeting online at goto.unm.edu/cancer-support.
Eating isn’t as simple as before. In these sessions, learn how to eat, what to eat, and how to get what you eat during cancer and COVID-19. If you have questions, call Jill Schulke at 925-0188.

CONNECTIONS

Fourth Wednesday of the month, 1-2 pm
Call Mayra Madrid at 505-221-8333 to request the Zoom/call-in information.
A supportive environment to explore feelings surrounding a new diagnosis of early stage breast cancer, receive educational materials and connect with community resources and members.

COUNSELING & RESOURCES Q&A

Tuesdays at 11 am through June 23
Find the Zoom meeting online or by phone at goto.unm.edu/cancer-support.
Cancer can be challenging even in normal times — and these aren’t normal times! Learn more about the resources and support available to you and your family during COVID-19. If you have questions, call Jill Schulke at 925-0188.

FAMILY & FRIENDS CAREGIVER JOURNALING

Thursdays, 4-5:30 pm
Call 925-0104, or e-mail ACureton@salud.unm.edu, to request the Zoom/call-in information.
A journaling support group for family and friends of cancer patients. Discover the healing power of writing to express thoughts and feelings. No prior experience needed; spelling and grammar do not matter. Offered in partnership with Cancer Support Now.

SURVIVORS WRITING TOGETHER

Mondays, 2:30-4 pm
Call 925-0104, or e-mail ACureton@salud.unm.edu, to request the Zoom/call-in information.
A journaling support group for individuals who have a current and/or past cancer diagnosis. Discover the healing power of writing to express thoughts and feelings. No prior writing experience needed; spelling and grammar do not matter. Offered in partnership with Cancer Support Now.

Please contact Jill Schulke at 925-0188 if you need individual counseling.