Will this medicine work for me?

• The antidepressants presented in this decision aid all work the same for treating depression.

• Most people with depression can find one that can make them feel better.

• 6 out of 10 people will feel better with the first antidepressant they try and the rest will have to try other antidepressants before they find the one that is right for them.

How long before I feel better?

• Most people need to take an antidepressant regularly for at least 6 weeks to begin to get the full effect.

Understanding side effects

• Most people taking antidepressants have at least one side effect.

• Many side effects go away after a few weeks, but some only go away after you stop the medicine.