Stress test options include nuclear stress testing, which views blood flow to your heart at rest and under stress, may be best for you.

- Blood tests to look for an enzyme called troponin that is released when the heart muscle is damaged. Additional troponin tests may be done to monitor you for heart attack during your emergency visit.
- An electrocardiogram to check whether your heart is getting enough oxygen and blood.

However, the chest pain you are experiencing today may be a warning sign for a future heart attack.

A STRESS TEST, which views blood flow to your heart at rest and under stress, may be needed.

Examining your risk will help you and your clinician decide together whether or not you should have additional heart testing.

1 Stress test options include nuclear stress testing, ultrasound stress testing, or exercise ECG (electrocardiogram) stress testing. Nuclear stress testing involves exposure to radiation which has been shown to be related to increased cancer risk over a lifetime. Your doctor can help you explore which options may be best for you.

2 Age
- Gender
- Race
- If chest pain is made worse when manual pressure is applied to the chest area
- If there is a history of coronary artery disease
- If the chest pain causes perspiration
- Findings on electrocardiograms (electronic tracings of the heart)
- Initial cardiac troponin result

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