Mayo Clinic Dolores Jean Lavins
Center for Humanities in Medicine

PROGRAMS
PROGRAMS FOR PATIENTS AND VISITORS

All programs are made possible through the generosity of Mayo Clinic benefactors in support of the Dolores Jean Lavins Center for Humanities in Medicine and are free to all participants.

**Arts at the Bedside**
An opportunity to bring an artist, musician or author to the bedside for a patient to enhance the hospital experience. Examples include legacy letters, creating a watercolor, or bringing an accomplished musician right to the bedside. Available on request in selected patient units.

**Creative Renewal Wellness Workshop**
We partner with the Cancer Education Center to bring a wide range of wellness topics to patients and staff.

**Mayo Humanities TV Channel**
Previously recorded concerts, lectures and arts programs are available on Mayo Clinic patient TV channel 708 or Video on Demand.

**Music is Good Medicine Concert Series**
Mayo Clinic staff and students share their musical talent with patients, staff and visitors in approximately eight noon concerts throughout the year.

**Rosemary and Meredith Willson Harmony for Mayo Concert Series**
Monday noon concerts performed by professional musicians from all over the globe to be enjoyed by Mayo patients, visitors, staff and the public. The concert series is was established by Rosemary Willson in memory of her husband Meredith Willson, composer of the beloved American musical, “The Music Man.”

**Special Events and Lectures**
Innovative programs of exceptional quality bring the medical/health humanities to the entire Mayo community, including:
- Temporary art exhibitions
- Performing Artists and Ensembles in Theatre, Dance, Music
- Joint Biomedical Ethics and Humanities in Medicine Lecture Series
PROGRAMS FOR MAYO CLINIC STAFF AND STUDENTS

The Dolores Jean Lavins Center for Humanities in Medicine provides learning opportunities for staff and students in order to enrich the workplace environment. The goal is to strengthen employee resilience, enhance problem-solving skills, foster innovation and reduce burn-out.

Biomedical Ethics and Humanities in Medicine Joint Lecture Series
This quarterly program features topics of shared current interest in biomedical ethics and medical/health humanities. Lecturers include Mayo staff and students as well as visiting practitioners, researchers and educators in the national and global field.

Literature and Medicine
A monthly lunchtime narrative medicine drop-in discussion and writing group offers a conversation unlike most others in your average work day. No prior experience required.

Seminars with Visiting Professors/Guest Artists
Special, small group opportunities to study and converse with visiting presenters in medical/health humanities topics.

Medical Improv
Monthly drop-in workshops explore the practice of improvisation techniques to enhance communication in the workplace and beyond. Say “Yes, and…” to a recharging session at the end of the day. No prior experience required.

Mayo Clinic School of Medicine
Mayo medical students have the opportunity to participate in medical/health humanities selectives, seminars, workshops and opportunities to collaborate with prominent Mayo physicians and distinguished visiting lecturers.

Medical Humanities for Medical Students/Residents
Selectives, workshops and training sessions offer curriculum in a wide range of topics, including:
- The Human Element: A Series in the Healing Arts
- Telling the Patient’s Story
- The Practice of Narrative Medicine
- Creativity for the Physician in Training
- Humanities for the Physician in Training
- Arts in Psychiatry
- Bedside Arts Shadowing
- Independent Research Topics in Medical Humanities
Staff Retreats/Workshops
Workshops with curriculum in a range of topics in the field can be customized to meet the needs of your group. Sample topics include:

- Narrative Healing
- Medical Improv
- Building a Visual Arts Practice
- Visual Arts and Personal Narrative
- Music Therapy
- Healing Through the Humanities

Curriculum In Development
The Dolores Jean Lavins Center for Humanities in Medicine is committed to providing educational opportunities for all and is currently working to develop a post-baccalaureate certificate and master’s degree in medical/health humanities.

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“There is a spiritual as well as a material aspect to the care of sick people.”

– William J. Mayo, M.D.
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The Mayo Clinic Lavins Center for Humanities in Medicine supports Mayo Clinic’s primary value, the needs of the patient come first, by integrating the arts and other expressions of human culture into the healing environment.

Supported through the generosity of our benefactors, the center’s programs, educational activities and research in the medical humanities serve patients, families, employees, learners and the larger community, promoting the compassionate delivery of healthcare. Music, dance and theatrical performances, visual art exhibitions, bedside arts programs and lectures all contribute to the healing environment.

Educational programs provided by the center promote the development of well-rounded health care professionals who are aware of Mayo Clinic’s unique heritage, understand the benefits of a culturally rich healing environment, and are trained in the art of medicine as an essential professional asset.

Mayo Clinic Lavins Center for Humanities in Medicine
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