

Mayo Clinic Minute

Age-related Macular Degeneration

Video	Audio
TRACK	This is what the world can look like for a person with age-related macular degeneration.
SOT	It's abnormal aging of the retina, in particular the macula.
TRACK	Mayo Clinic retinal specialist Dr. Sophie Bakri says symptoms can vary.
SOT	They can range from distortion of lines to distortion of letters.
SOT	They also can have blind spots.
SOT Title: JEFF OLSEN MAYO CLINIC NEWS NETWORK Mayo Clinic	Caucasians with blue eyes are more likely to get macular degeneration than people of other races. A family history of the disease can increase your risk, as can smoking and obesity.
SOT Title: SOPHIE BAKRI, M.D. RETINAL SPECIALIST Mayo Clinic	There are two kinds of macular degeneration. One is the dry kind. One is the wet kind.
TRACK	The more common dry macular degeneration leads to thinning of the macula or drusen spots under the macula. Its progression can be slowed by taking special vitamins.
TRACK	Wet macular degeneration is caused by abnormal blood vessels that leak fluid into the macular region of the eye. The wet condition can be treated by injecting medication into the eye on a frequent basis.
SOT	And the results have been excellent. About 90 percent of patients don't lose any further vision.
TRACK	Reassuring news for anyone who is worried about a future look at the world.
GRAPHIC	For the Mayo Clinic News Network, I'm

Jeff Olsen.