# Mayo Clinic Minute

## Colorectal cancer by the numbers

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<th>Video</th>
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<td>00:01:49</td>
<td>The numbers may surprise you…</td>
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<td>00:04:59</td>
<td>“…about 150,000 new diagnoses and 50,000 deaths each year unfortunately.”</td>
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Colorectal cancer is the fourth most common form of cancer behind breast, lung and prostate.

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**John Kisiel, M.D.**

**Gastroenterology**

**Mayo Clinic**

“Colorectal cancer is the most preventable but often least prevented type of cancer in the United States. Because only about a half to maybe two-thirds of patients are participating in screening, that means that a third to a half of patients are not participating in screening.”

Mayo Clinic gastroenterologist Dr. John Kisiel says everybody over age 50 should be screened regularly.

If caught early, he says, it’s usually very treatable.

But the lack of screening makes colorectal one of the most deadly forms of cancer.

It’s more common in men, but women should be screened as well.

It’s also more prevalent in the African-American population, which is why he recommends that African Americans and patients with family history of polyps or cancer discuss screening in more detail with their doctor.

Dr. Kisiel says if a patient waits until they show symptoms of colorectal cancer to get treatment, their odds of surviving drop significantly.

For the Mayo Clinic News Network, I’m Ian Roth.