Jason

Smoking and tobacco use is a common cause of deadly cancers.

**J. Taylor Hays, M.D.**
**Nicotine Dependence Center**
**Mayo Clinic**

“We know that 30 percent of all cancer-related deaths are due to tobacco.”

Jason

And for cancer patients undergoing treatment, kicking the habit is especially important.

Dr. Hays

“We know that people who have cancer will do better with regard to chemotherapy complications and radiation therapy complications. They'll have less toxicity from those. They'll have better quality of life after their cancer treatment if they're not smoking. They'll have longer life.”

Jason

Dr. Taylor Hays, director of Mayo Clinic's Nicotine Dependence Center, says it's imperative that treatment for nicotine addiction begins as soon as a cancer diagnosis is made.

Dr. Hays

“The basic treatment that everyone should receive is some behavioral therapy, counseling, support and medications that help reduce withdrawal.”

Jason

Dr. Hays says he hopes the future of cancer care includes aggressive intervention and treatment for tobacco dependence.

Jason

For the Mayo Clinic News Network, I'm Jason Howland.