# DAHLC Private Instruction Offerings - May - Aug 2019

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**Private Alexander Technique Instruction**
Instructor: Laurel

All Private Alexander Technique Sessions will be located in the Relaxation Suite.

**Private Pilates Instruction**
Instructors: Torri/Marcy/Lori

All Private Pilates Sessions will be located in the Reformer Studio.

**Private Yoga Instruction**
Instructor: Stephanie

All Private Yoga Sessions will either be in the Relaxation Suite or Mind/Body Studio.

To register, call the front desk at 507-266-4688

<table>
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<th>Fees:</th>
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<tbody>
<tr>
<td>30 minutes</td>
<td>$25</td>
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<tr>
<td>60 minutes</td>
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<tr>
<td>60 minutes 2 People</td>
<td>$75</td>
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